

Partnering to Build Better.

Making mental health and emotional wellbeing a priority for all Minnesotans.

WHY INVEST IN EMOTIONAL HEALTH?



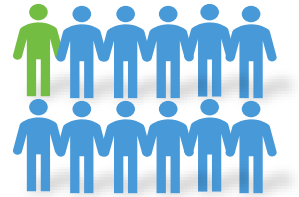
Prevalence.
25% of the population has a diagnosed mental health condition.



Impact.
Mental Health is the **leading** cause of disability worldwide.



Effect.
35% of missed work is due to mental health.



Care avoidance.
Only **1 in 12** individuals struggling with a mental health concern will ask for help.

THE SOLUTION

TODAY'S REALITY FOR EMPLOYERS

- Long wait times for mental health services
- People suffer in silence and it impacts their work
- Disconnect between vendors and providers
- Low utilization rates of employer sponsored solutions
- Mental health stigma in the workplace
- Increased number of high claimants makes budgeting difficult
- Employees struggling with conflicting information from providers and payers
- Human resources having to take on care navigation concerns for employees

Find.
Using data and “machine smarts” we find the people that need help before they crash into the system.



Enhance.
Improves the value of the entire benefits ecosystem by making sure employees are utilizing the benefits available through their employer.



Help.
Our team of in-house clinicians engage and care manage those who need help most. Members receive a dedicated clinician that works with them for the duration of programming.



Measure.
Outcomes matter and they should be meaningful, measurable and long-lasting. Utilization is not a metric that measures impact.

BENEFITS OF AIRCARE



- ▶ **Immediate Access.** AiRCare guarantees that an individual will not wait more than **1 hour** to talk with a mental health specialist.



- ▶ **Elevated Engagement.** Redefining what it means to engage individuals, AiRCare understands care avoidance and has an average engagement rate of 31% for employers.



- ▶ **Convenient.** Provide employees and their families with confidential, quality, accessible, and personalized clinical support. How they want it and when they want it.



- ▶ **Remission.** AiRCare believes remission is possible. We solve the underlying root causes, allowing people to get well and stay well.



- ▶ **Cost Savings.** Measurable cost saving to the total medical spend. Providing employers with a strong ROI, by reducing unnecessary utilization and waste within the system.



- ▶ **Enhanced Benefits Ecosystem.** AiRCare works seamlessly with the existing vendor ecosystem elevating engagement and utilization of these programs through warm-handoffs and real-time data feeds.

“Mental health is a top priority for employers, and current solutions leave gaps in care and fail to help some of the individuals who need it the most. This partnership is unlike anything available in the market today. It offers employers the opportunity to deliver immediate value to their employees and families, while uniting to bring desperately needed innovation and greater good to the market place. My fellow Action Group Board members and I hope that employers will give serious consideration to this compelling solution.”

- **Nance Lee Mosquera**
Minnesota Health Action Group Board Member
Employee Benefits Manager, The City of Saint Paul

FOR MORE INFORMATION

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